



Body Wrap Pre & Post Treatment Instructions

Dr. Marco Lopez Dr. Roberta Krueger

Pre Treatment Instructions

- Avoid using bar or body soap for 12 hours before treatment.
- Avoid applying lotion for 24 hours before treatment.
- Try to drink $\frac{1}{2}$ your body weight in ounces every day before and the day of your body wrap. Ex: if you weigh 150 pounds, you should drink 75 ounces of water daily.
- Tell us if you have ever had an allergic reaction to Niacin.
- Do not use any tanning creams, B vitamins or niacin containing products at least 2 days prior to your wrap.
- Do not shave the day of your wrap.

Post Treatment Instructions

- Do not shower for 8 hours after your body wrap and avoid excessive perspiring.
- If you must shower before 8 hours is up, use a warm rinse only to freshen up.
- Avoid using bar or body soaps for 24 hours post treatment.
- Continue to drink $\frac{1}{2}$ your body weight in ounces of water every day.
- We recommend you apply *Sculpt Away lipo slimming gel* each morning and at bedtime to enhance your results. To improve stretch marks or cellulite, apply *Sculpt Away firm + repair* after applying *Sculpt Away lipo slimming gel* morning and night.

Cancellation Policy- I agree to confirm my appointment with Sculpt Away two (2) days prior to my appointment. If for any reason I am unable to make my appointment at Sculpt Away, I agree to contact Sculpt Away no later than 3PM the day prior to my appointment. I further understand that if I do not comply with this policy, I will owe a \$35 missed appointment fee and I agree to this policy. I understand that if I arrive more than 15 minutes late for my appointment I may be required to reschedule in order to avoid disrupting the appointments of other patients.